

# GUIDANCE YOU CAN TRUST, CARE YOU DESERVE



Tria Health® is a **free and confidential benefit** available to those on North Central Health Care's health insurance. Tria Health offers one-on-one phone consultations with a pharmacist to help ensure your medications are working, answer health questions, coordinate with your doctor, and save you money!

## Is Tria Health the Right Fit for You?



Tria Health may be a great fit if you're managing one or more of the following chronic conditions or take multiple medications:

- Asthma/COPD
- Diabetes
- Heart Disease
- High Blood Pressure
- High Cholesterol
- Mental Health
- Migraines
- Osteoporosis



Lisa K.  
Tria Health Member



What truly impressed me about my pharmacist was her **proactive approach to saving me money on my prescriptions** – something I hadn't even considered! It was a genuinely enjoyable conversation, and I left feeling both **informed and relieved**. Her **competence and kindness** are a rare and wonderful combination.

*Stock Photo. Posed by Model.*

## CHECK OUT YOUR SAVINGS!



### Earn up to \$150 by Participating!

By completing your consultation with a Tria Health pharmacist, you will receive a \$50 Prepaid Mastercard. Members can qualify to receive up to \$150 within a 12-month period.

### Free Diabetes & Blood Pressure Devices

Participants with diabetes and/or high blood pressure will also have access to a FREE blood pressure cuff, blood glucose meter and testing supplies.

### Tria's Help Desk is Ready to Assist You

Pharmacists are available on-call to help ensure your medications are safe, effective, and affordable.

Monday - Thursday | 8am - 9pm CST  
Friday | 8am - 7pm CST  
Saturday | 9am - 5pm CST



## Schedule an Appointment!

Call 913.322.8456 or  
Visit [www.triahealth.com/schedule](http://www.triahealth.com/schedule)



North Central  
Health Care

Person centered. Outcome focused.